

# Daily Learning Planner

*Ideas families can use to help children  
do well in school*

ConVal School District Title I



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June • July • August 2023

## June 2023

## Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Have your child collect summer contact information for school friends before the last day of school.
- 2. Measure your child's height. Keep a record and measure again in December.
- 3. Allow your child to stay up late to read tonight.
- 4. Look at the stars with your child. Together, make up your own constellations—the Barbell, the Big Umbrella.
- 5. Have your child place a piece of paper on a tree trunk and rub with a crayon. This shows the tree's "fingerprints."
- 6. Tell your child a riddle: What must you break before you can use it? (*An egg.*) Ask your elementary schooler to make up a riddle for you.
- 7. Have a "power out" night. Use flashlights. Avoid using digital devices such as the TV, computer or phones.
- 8. Think about the rules you have for your child. Are they still appropriate for kids your child's age?
- 9. It's Donald Duck's "birthday"—he first appeared in 1934. Ask your child about a favorite cartoon character.
- 10. Help your child look up facts about a favorite food online or in a book. Where is it made or grown? What food group is it part of?
- 11. Have your child estimate the number of footsteps from your front door to the corner. Then count them together.
- 12. Spend 30 minutes reading together today. Let your child pick books.
- 13. Help your child make a time line of when things were invented. Encourage your student to do research and keep adding to it.
- 14. Does your child have a summer reading list? Post it in a special place and let your student cross off completed titles.
- 15. Put small piles of herbs and spices on a plate. Let your child pinch and sniff them and describe how they smell.
- 16. If your child could change anything in history, what would it be? Why? What might happen as a result?
- 17. Help your child collect wildflowers. Iron them between sheets of wax paper. Hang the paper where the light will shine through.
- 18. Go for a walk or a bike ride with your child today.
- 19. Have your child set a goal for the week and write it down.
- 20. Talk with your child about a choice you've made. Then talk about the consequences. Did any surprise you? What did you learn?
- 21. Discuss ways to reduce stress, such as creating routines and staying organized.
- 22. Do a word puzzle with your child.
- 23. Plan a math family dinner—practice math facts that come in families such as  $4+5=9$ ,  $5+4=9$ ,  $9-5=4$  and  $9-4=5$ .
- 24. Taste-test different types of apples with your child.
- 25. Talk about how family members are achieving their weekly goals. Celebrate everyone's successes.
- 26. Fill several glasses with different amounts of water. Have your child tap them gently with a metal spoon and listen to the different tones.
- 27. Together, write a list of things your family hopes to do this summer.
- 28. At the store, ask your child to figure out how much money you can save by choosing the brand that's on sale.
- 29. Plan a family outing to a place your child has not been before.
- 30. Set summer safety rules, such as "No going in water without an adult."

# July 2023

## Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Will your child need a physical before school begins? Make an appointment now.
- 2. Set aside some time to spend one-on-one with your child today.
- 3. Plan an outdoor adventure day. Visit a zoo, park or playground.
- 4. Talk about the word *independence* with your child today. What does it mean? What responsibilities come with independence?
- 5. Read a news article aloud. Have your child summarize the main points.
- 6. Save the seeds from a fruit you've eaten. With your child, plant them in a paper cup on the windowsill. Water them and see if they grow.
- 7. Play 20 Questions with your child. Use names and places in the news.
- 8. Check out a book on trees from the library. With your child, see how many you can identify near your home.
- 9. See who can find the tiniest thing on a walk today.
- 10. Read a book about your town or state with your child.
- 11. Plan a Summer Olympics. Have kids invent their own games.
- 12. Ask your child to write a poem or story from the point of view of a family pet.
- 13. With your child, walk as fast as you can around your block. Time yourselves. Try to improve your time next week.
- 14. Just for fun, serve dinner backwards. Eat dessert first.
- 15. Talk to your child about the difference between sharing information to keep someone safe and tattling to get someone else in trouble.
- 16. A *rebus* is a story that replaces some words with pictures. Make a rebus with your child.
- 17. At dinner, ask everyone to share one thing that makes them happy.

- 18. When you read aloud, choose an exciting place to stop. Ask, "Why do you think the character did that? What do you think will happen next?"
- 19. How many different ways can your child write the same number? For example, 2, 1+1, 10-8, etc.
- 20. Have your child measure things using different objects. How many napkins wide is your table? How many soap bars long is the bathtub?
- 21. Ask your child to write a poem about a favorite thing to do.
- 22. Have your child watch the moon for a week and record its changes in size and color.
- 23. Plan an imaginary vacation with your child.
- 24. Review fire safety today. What should your child do in case of a fire? Establish an escape route from your child's bedroom.
- 25. Help your child make a graph of the different kinds of pets that live on your street.
- 26. When your child asks a question you can't answer, write it down. Keep a list of questions to look up together, online or at the library.
- 27. Take turns drawing blindfolded with your child. One person is blindfolded, the other gives directions.
- 28. What is your child's favorite vegetable? Talk about different ways to prepare it. Cook it together.
- 29. Have your child make a map of your family's town and label the places of interest.
- 30. Go outside with your child and look for evidence of animal life near your home, such as nests, feathers and footprints.
- 31. Help your child find a website or video that demonstrates how to make something. Provide supplies and time to work.

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# August 2023

## Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Have a family sing-along. Ask family members to share their favorite songs.
- 2. Time your child counting to 100. Then challenge your child to count down from 100 and match the time.
- 3. Look for geometric shapes while running errands together. Can your child find a cone? A cylinder? A cube? A sphere?
- 4. Which way is the wind blowing? Let your child hang a piece of yarn on a tree branch to find out.
- 5. Talk to your child about how name-calling hurts everyone.
- 6. Get into a school sleep routine. Have your child go to bed earlier and get up earlier in the morning.
- 7. Talk with your child about the similarities in animal families. What do cats have in common?
- 8. Challenge family members to use the hand they don't favor to write, eat or do other activities.
- 9. Help your child start a family newsletter.
- 10. Look for a free concert, play or other cultural event you can attend with your family.
- 11. Ask what your child has enjoyed most so far this summer. Why?
- 12. Have your child help you check out back-to-school sales in the paper. Look for the best buys.
- 13. Make sure you and your child know where and when the school bus will stop.
- 14. At dinner tonight, ask everyone how they used math today.
- 15. Set aside time to make a summer scrapbook with your child.

- 16. Have your child estimate how many peanut butter sandwiches you can make from one jar of peanut butter, then use a chart to keep track.
- 17. Have everyone name a food that tastes like summer. Serve those foods.
- 18. Teach a card game to your child. Play it with the whole family tonight.
- 19. Hide five pennies in plain sight in the living room. Can your child find them? Then let your child hide them for you to find.
- 20. Write upcoming school events on your family calendar as you learn about them. Make plans to attend as many as you can.
- 21. Look for an interesting picture. Have your elementary schooler tell you a story about it.
- 22. Have your child replace adjectives in a printed ad with their opposites.
- 23. Play a guessing game with your child today, such as I Spy.
- 24. Help your child find out where your family's water comes from. Talk about ways to conserve water.
- 25. At dinner, have each family member say something nice about every person at the table.
- 26. Let your child see you read to learn something new. Say, "How interesting. I'm going to remember that!"
- 27. Help your child collect outgrown, gently-used clothes and books to pass on to another family.
- 28. Start a positive school habit. Help your child lay out clothes for the next day the night before.
- 29. Mix up pairs of socks and let your child match them up.
- 30. Together, write poems using the letters in your names to begin the lines.
- 31. Discuss ways your child can make new students at school feel welcome.

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